

# YOUR OPINION MATTERS

JAN 2025 - MAR 2025



**I would rate the service and my counsellor as first class with deep understanding of grief and its impact.**

**I am now able to talk about my Mam and think of her without becoming upset. Thank you so much.**

**Coming to Willow Burn has given me my life back and eased my stress. It has allowed me to say what I want and share my worries without judgement.**

**I felt from the first session that my counsellor was someone I could confide in and I learned a lot from.**

**Very helpful and professional**