



**Willow Burn
Bereavement Service
for Children & Young People**

Support for children & young people

Willow Burn Bereavement Service offers one to one counselling to support children and young people up to the age of 18 who are experiencing grief, loss and bereavement.

How we can help

We provide a relaxed, safe, supportive place in our children and young people's counselling room. Our counsellors focus on techniques to help children and young people make sense of and communicate their feelings. This may be by working creatively using therapeutic tools such as puppets, books, sand or drawings.

We work within the British Association for Counselling and Psychotherapy Ethical Framework. This means that our counsellors work in the best interests of clients in order to promote their wellbeing.

How long are the counselling sessions?

Our counselling sessions last for 50 minutes and are available on Wednesday and Thursday, with a maximum of 12 sessions.

Other support available

Our Children and Young People's Bereavement Pathway Worker supports schools and other organisations working with children and young people in the Derwentside and North Durham area, providing training and guidance on bereavement, as well as working with groups of children and young people who are experiencing grief and loss.



How do I access this support?

Our service is free and confidential. You can be referred for support via your GP, school or social worker.

Contact us

Tel: 01207 529224

www.willowburnhospice.org.uk/children-and-young-people-bereavement-service