

# YOUR OPINION MATTERS

OCT 2024 - DEC 2024



**I have reached a great place now and feel that I have been given the tools to continue on my road to true happiness.**

**Counselling gave me the answers I was looking for. I realised I was coping much better than I originally thought. I now have clarity to move forward. Would recommend the service to anyone in need.**

**This service has been a very big help with my family loss. Its help me put things into perspective. You took time going through each part of my grief. This is one very valuable service and I am very grateful for the help.**

**This service has been a life changing experience for me. I was consumed by loss and I now have the ability to move forward healthily.**

**I feel this has helped me to discuss my problems and ease the grief.**